

Dimensional Reduction for Paraxial Beams with Thermally Mediated Nonlocal Nonlinearity

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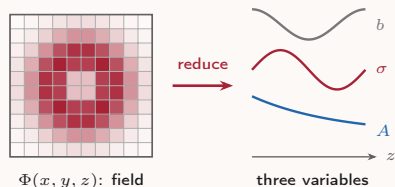
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1. **Select an ansatz.** A trial field with a few parameters, e.g. a width and a phase curvature.
 2. **Integrate the action** over the transverse plane, obtaining a Lagrangian in those parameters.
 3. **Apply the variational principle.** The Euler–Lagrange equations in the parameters are a few ordinary differential equations.
- **Advantage:** a model with few variables and an **effective potential**. **Limitation:** the transverse profile is prescribed by the ansatz.



Established applications: pulses in optical fibres,
[D. Anderson, *Phys. Rev. A* 27, 3135–3145 (1983)]
[B. A. Malomed, *Progress in Optics* (2002)]
trapped condensates and the nonpolynomial Schrödinger equation,
[V. M. Pérez-García et al., *Phys. Rev. Lett.* 77, 5320–5323 (1996)]
[L. Salasnich et al., *Phys. Rev. A* 65, 043614 (2002)]
beams in graded-index media.
[FL et al., *Nanophotonics* 14, 805–813 (2025)]

1) Solitons in multimode nonlinear fibres

$$i \partial_z \Phi = \left[-\frac{1}{2} \nabla_{\perp}^2 \underbrace{-\frac{1}{2} \partial_t^2}_{\text{anomalous dispersion}} + \underbrace{W(x, y)}_{\text{graded index}} + \underbrace{g |\Phi|^2}_{\text{Kerr}} \right] \Phi, \quad \Phi = \Phi(x, y, z, t).$$

- ▶ A short pulse in a **graded-index fibre**: a $(3+1)$ -D nonlinear Schrödinger equation.

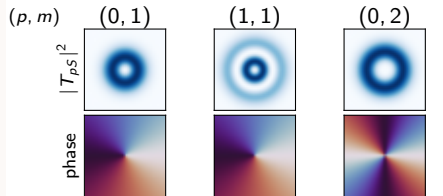
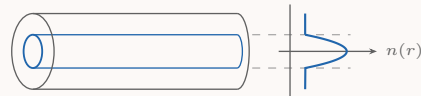
[FL et al., *Nanophotonics* 14, 805–813 (2025)]

- ▶ Φ is the envelope; lengths in the waist w_0 , z in $L_D = kw_0^2$, t in $T_0 = \sqrt{|\beta_2| L_D}$: dispersion and diffraction share L_D .

- ▶ For $g < 0$, formally the **Gross–Pitaevskii equation** of an attractive condensate, with z in the role of time: the **nonpolynomial Schrödinger approach** applies.

[L. Salasnich et al., *Phys. Rev. A* 65, 043614 (2002)]

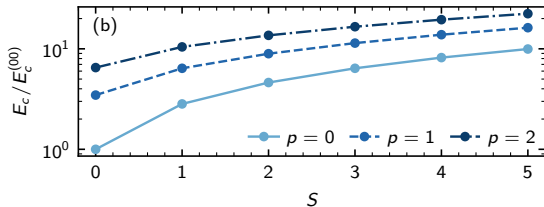
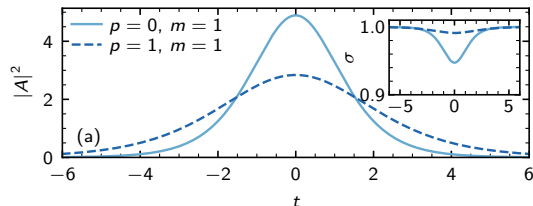
- ▶ **Ansatz**: one Laguerre–Gauss mode, $\Phi = A T_{ps}(r; \sigma) e^{im\theta} / \sqrt{2\pi}$, so $|A|^2$ is the power; A and σ depend on z and t .



The nonpolynomial Schrödinger equation and its solitons

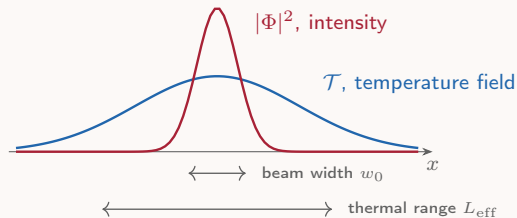
$$i \partial_z A = -\frac{1}{2} \partial_t^2 A + \xi_{pS} \frac{1 + \frac{3}{2} g_{pS} |A|^2}{\sqrt{1 + g_{pS} |A|^2}} A$$

- ▶ Substitute the width back: **one (1 + 1)-D equation** for the pulse.
- ▶ **(a)** Solitons in **closed form**; the width dips at the peak of the pulse (inset).
- ▶ **(b)** Solitons exist up to a **critical energy** E_c , larger for higher modes.
- ▶ **Vakhitov–Kolokolov**: for solitons $A = a(t) e^{-i\kappa z}$, stable where $dE/d\kappa < 0$.
- ▶ **Experiment**: multimode solitons observed in a graded-index fibre, femtosecond pulses at telecom wavelength over many dispersion lengths.
[W. H. Renninger et al., Nat. Commun. 4, 1719 (2013)]



2) Beams in a thermal medium: the index change spreads

- ▶ **Thermal effects.** Absorption heats the medium; the heat diffuses, following the **Fourier heat equation**.
- ▶ $\Delta n = \beta \mathcal{T}$, $\beta = dn/d\mathcal{T}$ the **thermorefractive index**, large in lead glass, silicon, liquid crystals: the index follows $\mathcal{T}$ over a **surrounding region**.
- ▶ A nonlocal response **arrests collapse**; a long enough range **stabilises ring beams**.
[O. Bang et al., Phys. Rev. E 66, 046619 (2002)]
[A. I. Yakimenko et al., Phys. Rev. E 71, 065603 (2005)]
- ▶ **Realised experimentally** with beams in lead glass and in cells of nematic liquid crystals: self-trapped beams and vortex solitons.
[C. Rotschild et al., Phys. Rev. Lett. 95, 213904 (2005)]
[C. Conti et al., Phys. Rev. Lett. 92, 113902 (2004)]



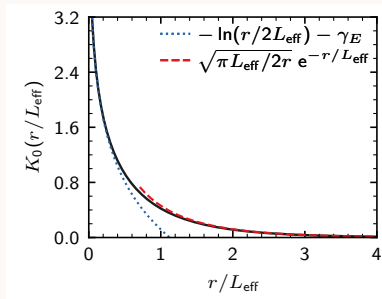
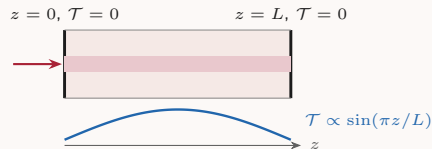
$$(-\nabla_{\perp}^2 + L_{\text{eff}}^{-2}) \mathcal{T} = \eta |\Phi|^2 \quad \Longrightarrow \quad \mathcal{T} = \eta G * |\Phi|^2,$$

$$G(r) = \frac{1}{2\pi} K_0\left(\frac{r}{L_{\text{eff}}}\right), \quad L_{\text{eff}} = \frac{L}{\pi}.$$

- **Steady heat equation**, absorbed power $\alpha_0 |\Phi|^2$ as source:
 $\eta = \alpha_0 / (\rho c_p \kappa)$ (density, specific heat, diffusivity).
- Facets at **fixed temperature**: the longitudinal mode $\sin(\pi z/L)$ adds the **screening** term L_{eff}^{-2} .
- The kernel K_0 is **logarithmic** below L_{eff} and decays **exponentially** above it; reorientational and electrostrictive nonlocalities obey the same screened Poisson equation, each with its own L_{eff} .

[A. Alberucci et al., Phys. Rev. A 91, 013841 (2015)]

[C. Conti et al., Phys. Rev. Lett. 95, 183902 (2005)]



The model: a paraxial beam in a graded-index medium

$$i \partial_z \Phi = \left(-i \frac{\alpha_0}{2} - \frac{1}{2} \nabla_{\perp}^2 + \frac{\Omega^2 r^2}{2} + \gamma \Theta[|\Phi|^2] \right) \Phi,$$

$$\Theta[n] = G * n.$$

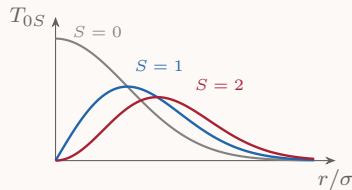
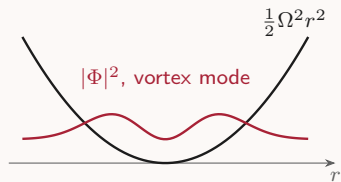
- Φ is the envelope; lengths in the waist w_0 , z in the diffraction length $L_D = kw_0^2$, k the wavenumber; power $P = \int |\Phi|^2 d^2\mathbf{r}$.

- $\gamma \propto -\beta \eta$ ties the nonlinearity to the absorption: $\gamma > 0$ **defocusing** ($\beta < 0$), $\gamma < 0$ **focusing**.
[FL et al., Front. Phys. 21, 102203 (2026)]

- **Ansatz:** one annular mode with a radial chirp,

$$\Phi(r, \theta, z) = A(z) T_{pS}(r; \sigma(z)) \exp\left[i \frac{b(z)}{2} r^2\right] e^{im\theta}.$$

- $\xi_{pS} = S + 2p + 1$, with $S = |m|$ the charge and p the radial index.



Annular modes ($p = 0$): one ring; σ sets its radius.

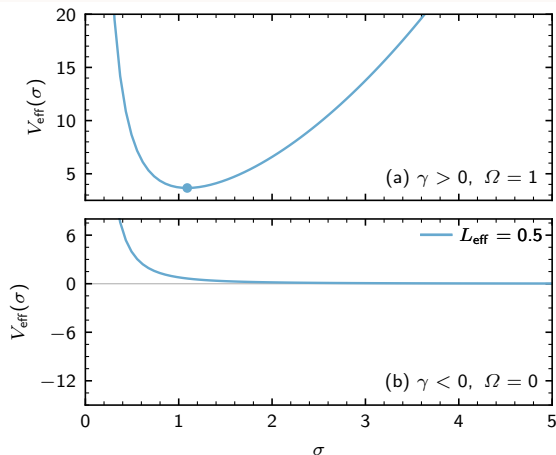
$$\xi_{pS} \ddot{\sigma} = -\frac{dV_{\text{eff}}}{d\sigma}, \quad V_{\text{eff}}(\sigma) = \frac{\xi_{pS}}{2} \left(\frac{1}{\sigma^2} + \Omega^2 \sigma^2 \right) + \frac{\gamma |A|^2}{4\pi} \mathcal{I}_{pS}(\sigma).$$

$$\mathcal{I}_{pS}(\sigma) = \int d^2\mathbf{r} \, \rho_{pS} \Theta[\rho_{pS}] = 2\pi \int_0^\infty dq \, q \frac{L_{\text{eff}}^2}{1 + L_{\text{eff}}^2 q^2} \tilde{\rho}_{pS}(q; \sigma)^2.$$

- ▶ Three Euler–Lagrange equations, for A , σ , b . The amplitude decouples, $|A|^2 = |A_0|^2 e^{-\alpha_0 z}$, and the chirp is $b = \dot{\sigma}/\sigma$.
- ▶ What remains is **one** equation: a **particle of mass** ξ_{pS} in the well V_{eff} , which depends on z only through $|A|^2$.
- ▶ **Loss** enters **phenomenologically**, through the decay of $|A|^2$ in V_{eff} alone.
- ▶ $\mathcal{I}_{pS}$: the **nonlocal interaction energy** of the profile $\rho_{pS} = T_{pS}^2$; $\tilde{\rho}_{pS}$ its Hankel transform.
- ▶ One radial integral. For the annular modes ($p = 0$) it is in **closed form**: for $S = 0$, $\mathcal{I}_{00} = -\pi e^u \text{Ei}(-u)$ with $u = \sigma^2/2L_{\text{eff}}^2$.
- ▶ Local limit $\sigma \gg L_{\text{eff}}$: $\mathcal{I}_{0S} \propto L_{\text{eff}}^2/\sigma^2$, the **Kerr** scaling.

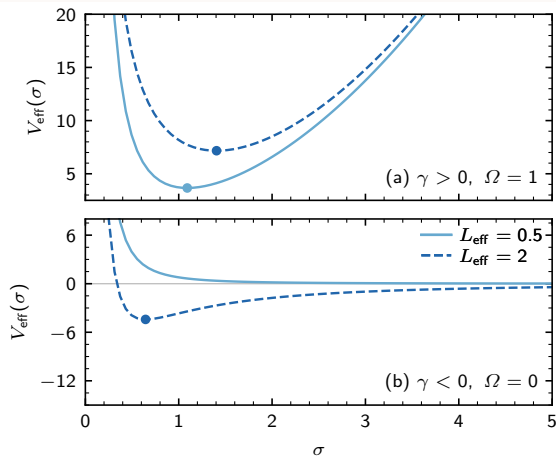
Stationary states: L_{eff} sets the width, and there is no collapse

- ▶ V_{eff} for an annular mode with $S = 2$, at three nonlocal lengths; dots mark the minima.
- ▶ (a) **Defocusing in the trap.** The stationary width grows with L_{eff} : the beam **broadens**.
- ▶ (b) **Focusing without trap.** Diffraction exceeds the logarithm as $\sigma \rightarrow 0$: **no collapse**.



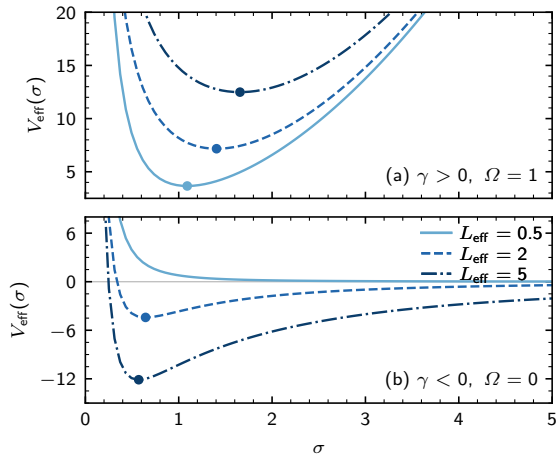
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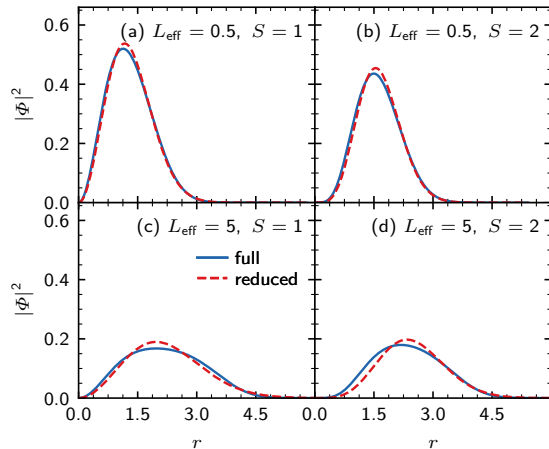


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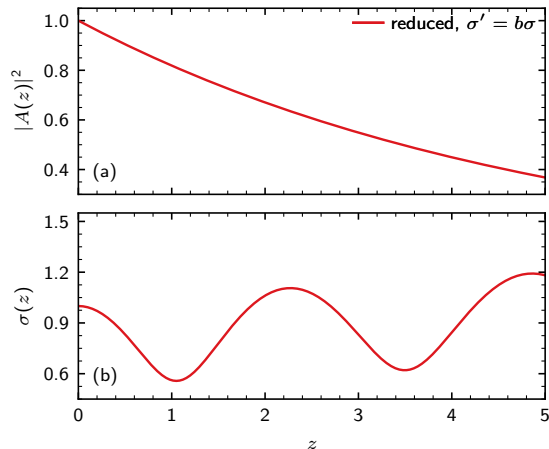
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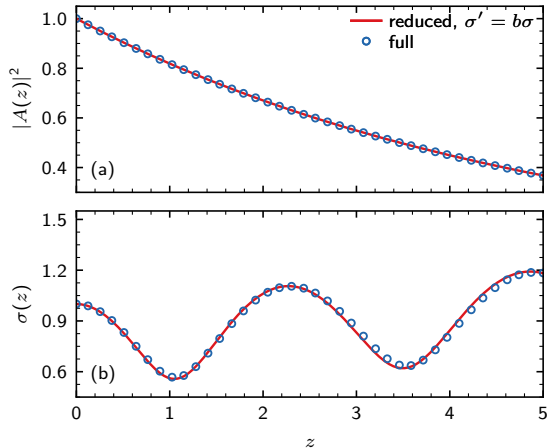
- **Full model:** imaginary time at fixed charge m .
Reduced: the mode at the minimum of V_{eff} .



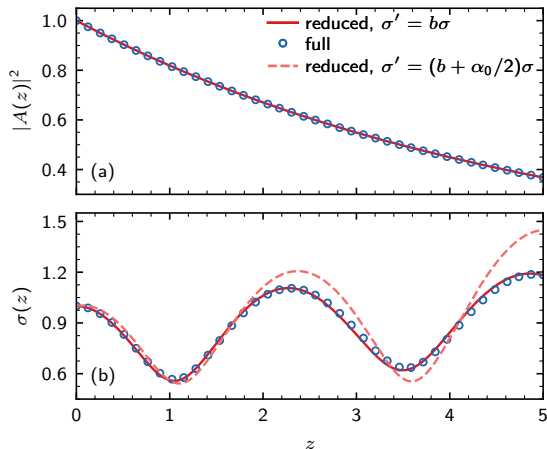
- ▶ An $m = 1$ vortex launched at the linear-mode width: focusing, $L_{\text{eff}} \gg \sigma$, lossy, trapped.
- ▶ **(b)** Loss in the amplitude alone: the reduced width follows the full run within 4%.
- ▶ Reference: a 1 W vortex ring in lead glass, $L_{\text{eff}}/w_0 \approx 40$ as here, $\alpha_0 \approx 0.015$, no trap.
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Conclusions

1. Thermal nonlocality between fixed-temperature facets, at weak absorption: a K_0 **kernel** of range $L_{\text{eff}} = L/\pi$.
2. One annular mode with a chirp: a **reduced equation for the width**; the nonlocality enters through $\mathcal{I}_{pS}(\sigma)$ alone.
3. In the simulated regimes the reduced width **follows the full model closely**; azimuthal stability is not captured.

Based on

[FL et al., Nanophotonics 14, 805–813 (2025)]

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Thank you for your attention

Questions?

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